

Connect with resources in your community.



Health and Mental Health Services



Food Banks and Meal Programs



Housing Programs and Supports



Income and Employment Supports



Family and Parenting Programs



Gender Based Violence Supports



**Text
2-1-1**



**Call
2-1-1**



**Go Online
sk.211.ca**

FREE CONFIDENTIAL SUPPORT

211 SASKATCHEWAN

offers a database of over 6,000 community, non-clinical health, and government programs and services across the province.

END YOUR SEARCH TODAY. CALL, TEXT, OR GO ONLINE

to be connected with community navigators ready to help 7 days a week, 24 hours a day, 365 days a year. Phone help is available in over 175 languages, including 17 Indigenous languages.



CONNECT WITH US!



United Way

PROUDLY SUPPORTED BY:

